

Parent/Child Programs

Most classes held at: NKCC
North Kirkland Community Center
12421 103rd Ave NE ★ 425.587.3350

Parent/Child Class Requirements

- ★ Children must be able to follow directions and participate in small group settings with a parent present.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for "no class" dates.
- ★ Please be on time!
- ★ Individual classes that are canceled due to instructor illness or emergencies will be made up the week following the end date of class, where the schedule allows. If the schedule does not allow for a make-up class, a credit will be issued.
- ★ The refund policy is on page 13.

Wiggle Clap and Sing for Babies

Ages 1 to 15 months with parent

Play musically with your baby through bouncing and rocking songs, wiggle and peek-a-boo games, and dancing, moving, and singing! The foundation is laid for rhythm awareness, voice and language, and aural discrimination.

Popular instructor Kate Fynn is an accomplished vocalist
• See www.wiggleclapandsing.blogspot.com
Location: NKCC • No class 7/2 • 5 weeks
Resident \$36 / Non-Resident \$43

Sat	9:30–10:15am	Apr 16–May 14	48390
Sat	9:30–10:15am	June 4–July 9	48391
Sat	9:30–10:15am	July 23–Aug 20	48392



Wiggle Clap and Sing for Toddlers

Ages 15 months to 2 years with parent

An introduction to musical components such as rhythm, melody, and a variety of instruments. Express yourselves through music and body movement. This class is great for developing pre-math, pre-literacy, and social skills in every child! See www.wiggleclapandsing.blogspot.com

Instructor: Miss Kate • Location: NKCC • 5 weeks
No class 7/2 • Resident \$36 / Non-Resident \$43

Sat	10:25–11:10am	Apr 16–May 14	48393
Sat	10:25–11:10am	June 4–July 9	48394
Sat	10:25–11:10am	July 23–Aug 20	48395

Wiggle Clap and Sing for Everyone

Ages 1 month to 5 years with parent

Make sense of the world through rhythm and melody while becoming more familiar with instruments and songs. Your preschooler will gain social skills such as self control and listening, as well as pre-literacy skills. We will also have fun with music and body movement.

See www.wiggleclapandsing.blogspot.com
Instructor: Miss Kate • Location: NKCC • 5 weeks
No class 7/2 • Resident \$36 / Non-Resident \$43

Sat	11:20am–12:05pm	Apr 16–May 14	48396
Sat	11:20am–12:05pm	June 4–July 9	48397
Sat	11:20am–12:05pm	July 23–Aug 20	48398

Move and Grow

Instructor Jessica Gleason has an extremely creative and joyful approach to teaching! She uses "Tummy Time," coordinated movement, and BrainDance rhymes to integrate the mind and body, while reinforcing the importance of movement in early life!

Move and Grow for Babies

Ages 2 months to pre to walking w/ adult

Enrich your child's first year of life. Learn fun activities for enjoying tummy time and make playful social/emotional connections. Build optimal brain development using nursery rhymes, instruments, multi-sensory props while moving to a wide variety of music!

Location: NKCC

8 weeks • Resident \$88 / Non-Resident \$106

Tue	11:30am–12:30pm	Apr 26–June 14	48399
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4 weeks • Resident \$44 / Non-Resident \$53

Tue	11:30am–12:30pm	July 12–Aug 2	48402
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Move and Grow for Toddlers

Ages walking to 30 months with adult

Dance with your child while exploring movement activities and practicing skills. A wide variety of music, props, rhythm instruments, BrainDance rhymes and an obstacle course add to the playful environment and learning.

Location: NKCC

Spring 8 weeks • Resident \$88 / Non-Resident \$106

Tue	9:30–10:30am	Apr 26–June 14	48403
Tue	10:30–11:30am	Apr 26–June 14	48404

Summer 4 weeks • Resident \$44 / Non-Resident \$53

Tue	9:30–10:30am	July 12–Aug 2	48405
Tue	10:30–11:30am	July 12–Aug 2	48406

Baby Boogie Woogie

Ages 12 months to 36 months with parent

In this musical class we will sing all the old favorites, make our own music with an assortment of fun instruments, and march to our own drummer! Teacher Karen Renfro-Gielgens has over 20 years experience teaching programs to our preschoolers.

Please take note of our age groups; you are able to attend this class with your younger and older ones together.

*Instr: Karen Renfro-Gielgens • Location: NKCC • 4 weeks
No class 5/30 & 7/4 • Resident \$29 / Non-Resident \$35*

12 to 18 months

Mon	9:15–10am	Apr 25–May 16	48408
Mon	9:15–10am	May 23–June 20	48409
Mon	9:15–10am	June 27–July 25	48414
Mon	9:15–10am	Aug 1–22	48415

12 to 36 months

Mon	10:10–10:55am	Apr 25–May 16	48410
Mon	11:05–11:50am	Apr 25–May 16	48411
Mon	10:10–10:55am	May 23–June 20	48412
Mon	11:05–11:50am	May 23–June 20	48413
Mon	10:10–10:55am	June 27–July 25	48416
Mon	11:05–11:50am	June 27–July 25	48417
Mon	10:10–10:55am	Aug 1–22	48418
Mon	11:05–11:50am	Aug 1–22	48419

Parent / Child Dance for Two Years

Twos In Tutus Creative Dance

Age 2 with parent

Don't wait until you're three to twirl in your tutu! Bring your mom in her sweats (it's OK), and twirl to the music in your own special way. And when you turn three, you'll be ready we bet, for Preschool Dance A and a pirouette!

Leather soled ballet slippers required • Location: NKCC

*Spring 6 weeks • No class 5/30 & 7/4
Resident \$30 / Non-Resident \$36*

Mon	9:10–9:40am	Apr 11–May 16	48448
Tue	3:15–3:45pm	Apr 12–May 17	48794
Fri	9:30–10am	Apr 15–May 20	48450
Fri	10:05–10:35am	Apr 15–May 20	48452
Mon	9:10–9:40am	May 23–July 11	48449
Tue	3:15–3:45pm	May 31–July 5	48795
Fri	9:30–10am	June 3–July 8	48451
Fri	10:05–10:35am	June 3–July 8	48453

Summer 5 weeks • Resident \$25 / Non-Resident \$30

Mon	9:10–9:40am	July 18–Aug 15	48454
Fri	9:30–10am	July 22–Aug 19	48456
Fri	10:05–10:35am	July 22–Aug 19	48458
Tue	3:15–3:45pm	July 26–Aug 23	48455

Parent/Child Art

Ages 2½ to 3½ years with parent

Monthly themed classes are a fun and affordable way for parents and children to explore the world of art. We'll provide all the tools like glue, glitter, paint, and dough to inspire your little ones to create their masterpieces. Dress to get messy in our indestructible Art Room!

Peep And Hop In April

Ages 2½ to 3½ years with parent

Spring has sprung and with it brings rainbow eggs and fluffy things. From yellow chicks and lop-eared bunnies to colorful nests made from the Sunday's funnies. You'll have a hopping good time in this parent/child art class!

*Location: NKCC • 3 weeks
Resident \$24 / Non-Resident \$29*

Mon	9:30–10:15am	Apr 11–25	48429
Thur	10:30–11:15am	Apr 14–28	48430

Moonbeams In a Jar for May

Ages 2½ to 3½ years with parent

From twinkling stars to moons of clay, we'll travel along the Milky Way. And while we're creating art in space, we won't forget our momma's face. We'll take her swinging on a star, and bring her moonbeams home in a jar. It's such a sweet and messy way to celebrate her special day.

*Location: NKCC • 3 weeks
Resident \$24 / Non-Resident \$29*

Mon	9:30–10:15am	May 2–16	48434
Thur	10:30–11:15am	May 5–19	48431

Somewhere Over the Rainbow Fish for June NEW!

Ages 2½ to 3½ years with parent

The Rainbow Fish isn't the only one, full of every color under the sun. Just look under sea and find, colors of every different kind; to paint and glitter and bring to life, like the pink starfish and the black ghost knife.

*Location: NKCC • 3 weeks • No class 5/30
Resident \$24 / Non-Resident \$29*

Mon	9:30–10:15am	May 23–June 13	48432
Thur	10:30–11:15am	May 26–June 9	48433



Messy Art for Twos with Parent

2 year olds only with parent

Tickle your two year old's senses and play messy by smearing paint and kneading dough. Sensory and tactile play helps to develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art. Dress for a mess!

*Instructors: Miss Monique & Miss Pam • Location: NKCC
3 weeks • No class 5/30 • Resident \$24 / Non-Resident \$29*

Mon	10:30–11:15am	Apr 11–25	48420
Wed	9:30–10:15am	Apr 13–27	48421
Thur	9:30–10:15am	Apr 14–28	48422
Mon	10:30–11:15am	May 2–16	48423
Wed	9:30–10:15am	May 4–18	48424
Thur	9:30–10:15am	May 5–19	48425
Mon	10:30–11:15am	May 23–June 13	48426
Wed	9:30–10:15am	May 25–June 8	48427
Thur	9:30–10:15am	May 26–June 9	48428

PARENTING CLASSES

Need to step back and get a new perspective?

These classes will give you new ideas on parenting Preschoolers through Teens.

See page 62



Parent / Child Kids in Motion

Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing large muscle motor skills. This program progresses with your children... they'll be crawling, climbing, balancing, and bouncing their way through each class!

Parent/Child Motion I

Ages 18 to 26 months
Child must be walking!

Location: NKCC • 5 weeks • Resident \$35 / Non-Res \$42

Wed	9:15–10am	Apr 13–May 11	48460
Thur	9:50–10:35am	Apr 14–May 12	48461
Wed	9:15–10am	May 18–June 15	48462
Thur	9:50–10:35am	May 19–June 16	48463

Parent/Child Motion II

Ages 24 to 36 months

Location: NKCC • 5 weeks • Resident \$35 / Non-Res \$42

Wed	10:05–10:50am	Apr 13–May 11	48464
Thur	10:45–11:30am	Apr 14–May 12	48465
Wed	10:05–10:50am	May 18–June 15	48466
Thur	10:45–11:30am	May 19–June 16	48467

Parent/Child Preschool Cooking Series

Ages 2 to 5 years with parent

Classes will be held in the cozy kitchen at our beautiful McAuliffe Park, 10824 NE 116th St, Kirkland (To enter the park, head north on 108th Ave NE from NE 116th St, then turn into the first driveway on the right) Instructor Miss Susie will open up your child's eyes and senses as you peel, pour, shred, shake, bake, mash and more! Supply fee included in class cost.

Itty Bitty Breakfast Club

Ages 2 to 5 years with parent

Can you give a pig a pancake, or a moose a muffin? Well maybe, if you learn to cook! Everyone knows that breakfast is the most important meal of the day. Mommy—it will chase away the tired, restless, and irritable grumpies! Join us as we give a tot a teacher, instructions, a recipe, friends...

Instructor Miss Susie • Location: McAuliffe Park • 3 weeks
Resident \$35 / Non-Resident \$42

Wed	9:30–10:30am	Apr 13–27	48436
Wed	10:45–11:45am	Apr 13–27	48437
Wed	12–1pm	Apr 13–27	48438

Dips & Sticks

Ages 2 to 5 years with parent

What's more fun than a dip in the pool? A dip that you make, sometimes hot, sometimes cool. The dip will be ready when you measure, pour, and mix, then the secret is the goody that you've put on sticks. Dip your stick, take a bite, and smack your lips with delight!

Instructor Miss Susie • Location: McAuliffe Park
3 weeks • No class 5/22 • Resident \$35 / Non-Resident \$42

Wed	9:30–10:30am	May 11–25	48439
Wed	10:45–11:45am	May 11–25	48440
Wed	12–1pm	May 11–25	48441

Teddy Bear Picnic Fare

Ages 2 to 5 years with parent

Spend a bright spring day prepping and preparing a picnic. We'll pack our wicker basket, red-checked tablecloth, and invite the ants. So bring your favorite stuffed friend, and come along with us as we picnic and share a story outside (weather permitting) in McAuliffe Park.

Please note that this class is a little longer so that we can pack and picnic, even if it has to be inside!

Instructor Miss Susie • Location: McAuliffe Park • 3 weeks
Resident \$44 / Non-Resident \$53

Wed	9:45–11am	June 1–15	48444
Wed	11:15am–12:30pm	June 1–15	48442

See page 20 for Creating in the Kitchen with Karen, ages 3-5.

Action

Pee Wee Pirates

Ages 3 to 5 with parent

Ahoy boys and girls! All hands on deck for a pirate-y good time. In this 4-week adventure we'll create pirate crafts, go on a treasure hunt, read fun pirate stories, sing some seafaring chanteys, and have lots of pirate fun. Shiver me timbers and yo ho ho, it's a pirate life for me!

Instructor: Laura Miller • Location: NKCC • 4 weeks
Resident \$28 / Non-Resident \$34

Mon	10:40–11:25am	Apr 11–May 2	48690
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Parent/Child Sports & Games

Ages 3 to 5 with Parent

How about some FUN! Grab the pant leg of the nearest adult and bring them over to NKCC for samplings of sports and games. Together parent and child will explore the fun of PLAY! Come dressed to move and be sure to wear your sneakers!

Instructor: Laura Miller • Location: NKCC • 4 weeks
No class 5/30 • Resident \$28 / Non-Resident \$34

Mon	10:40–11:25am	May 16–June 13	48691
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Sign Language

Sign With Your Baby

Ages 6 months to 2 years
(pre to verbal) with adult

Did you know babies as young as six months of age can communicate with you before they speak clear words? Visually Speaking offers Baby Signing classes to hearing families using American Sign Language. You will be amazed at what your baby is telling you!

Location: NKCC • 6 weeks • Resident \$99 / Non-Res \$119

(NOTE: Fee for 2nd child in same family:
Resident \$60 / Non-Resident \$72)

Thur	11am–12pm	Apr 14–May 19	48407
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Language w/ Polly-Glot Tots

Polly-Glot Tots was founded in 2007 by a mom with a dream of offering engaging and affordable language immersion classes for children. For more information visit www.pollyglottots.com

Spanish For Preschoolers

Ages 1 to 3 years with parent

This Spanish immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Vocabulary is provided so parents can reinforce the language outside of class.

Location: NKCC • 10 weeks • Resident \$168 / Non-Res \$202

Wed	9:45–10:30am	Apr 13–June 15	48474
Wed	10:45–11:30am	Apr 13–June 15	48792

Chinese for Preschoolers

Ages 1 to 3 years with parent

Lead by a native mandarin teacher, enjoy learning while singing, dancing, moving and engaging in fun art projects. The class is a full immersion class that allows you to capitalize on your child's prime time for language acquisition. It is great to see the children embrace the tonal language and its pronunciation.

Location: NKCC • 9 weeks • Resident \$151 / Non-Res \$181

Fri	9:30–10:15am	Apr 15–June 10	48476
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For French and Spanish
ages 5–9 years, see page 29.

Knee Hi Investigators for 3's with Parent

Seeds, Sprouts, & Blossoms

Age 3 years with parent

Learn how things grow! Where do flower seeds come from, what do they take to grow? What foods grow underground? How tall is the tallest tree? We'll investigate these mysteries and many more and during class do fun things like sprout a bean stalk and paint with flowers!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res \$42

Tue	9:30–10:30am	Apr 12–26	48521
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Nests, Caves, & Burrows

Age 3 years with parent

Learn where animals live! Are there caves under water, and who lives in them? Do ants eat dirt to build their home? What holds a nest together? We'll investigate these mysteries and many more and during class do fun things like build our own nest and watch a group of ants busy at the farm!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res \$42

Tue	9:30–10:30am	May 3–17	48522
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Bugs, Germs, and Dirty Hands

Age 3 years with parent

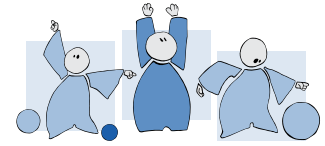
Learn how germs are spread! How far can a sneeze travel? What do germs look like up close? What's under your fingernails? We'll investigate these mysteries and many more and during class do fun things like experiment how germs react to soap, and create our own germ out of art materials!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res \$42

Tue	9:30–10:30am	May 31–June 14	48523
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Indoor Playground



NKCC Drop-in Program with Parent

Indoor Playground
Ages 9 months–5 years

April 12–June 9, 2016

Tues & Thur, 10am–1pm
Wed, 11am–1pm

\$3.00 cash per child per visit
or 10-visit \$25 Punch Card
cash or check only

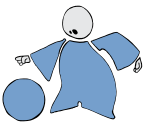


Don't sit in the house—come out to play in our large multipurpose room where there's lots of room to run! There are "Little Tikes" and "Step2-type" pedal and push buggies, cars, roller coaster and coupes, pirate ship climber, climber with slide, toddler teeter totter, kitchen set, workbench, small riding toys, wagon, rockers, trike, octopus merry-go-round, and small toy cars and trucks. We also include busy boxes, and miscellaneous pull and baby toys for the youngest participants. **Adults must supervise children at all times.**

No Indoor Playground April 4–8

**North Kirkland
Community Center**

**12421 103rd Ave NE,
425.587.3350 • \$3 per visit**



- Fee \$3.00 cash per visit, per child at the door
- Please bring exact change
- No 6 year olds, please!
- Sorry, no snacks or drinks allowed in the multipurpose room
- Convenient cost-saving Drop-In Punch Cards! \$25 for 10 visits. These make great gifts!